



Shooting 1	
<p style="text-align: center;">THIS DRILL IS DEMONSTRATED WITH 9 PLAYERS INCLUDING A GK, YOU CAN USE MORE</p>	MEASUREMENT OF DRILL 30 X 40 YDS
	EQUIPMENT
	NUMBER OF PLAYERS
OBJECTIVE	PROGRESSION
<p>To develop shooting on goal and the build up play that leads to it.</p> <p>Areas to be focused on are,</p> <ol style="list-style-type: none"> 1. Correct movement and body positioning to shoot 2. Combination passes that leads to a shot at goal 3. Setting passes up for team mates to shoot at goal 4. Rebounds from shots at goal 	<ol style="list-style-type: none"> 1. Encourage plays to use their bad foot. 2. Make the drill competitive by allocating players 1 point to hit the target and 2 points to score a goal.
COACHING POINTS	
<p>FOR THIS DRILL TO WORK EFFECTIVELY PLEASE REVIEW THE DRILLS AND COACHING POINTS OF PASSING 1 AND 7.</p> <ol style="list-style-type: none"> 1. Correct timing and movement off the ball is crucial. 2. Weight of pass and lay-offs should be accurate to and from players. 3. Players must hit the target to at least work the goalkeeper. 	



STEP 1	NOTES
STEP 2	NOTES

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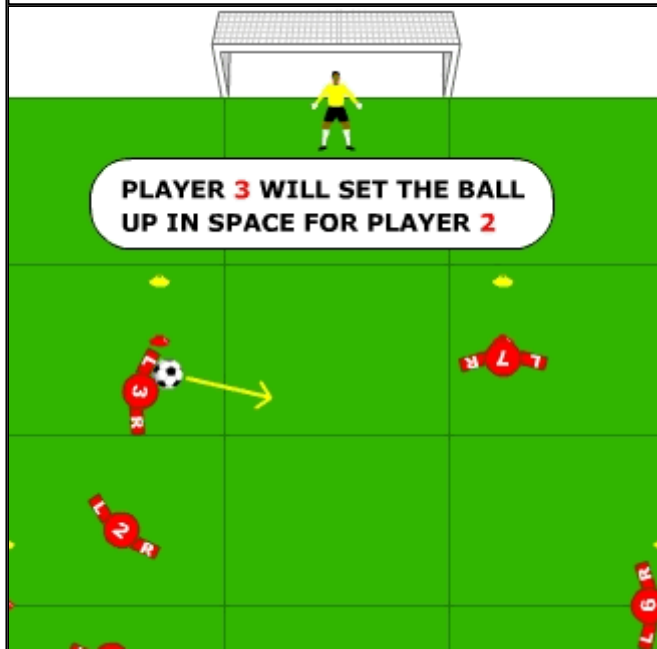


STEP 3	NOTES



STEP 4

NOTES



STEP 5

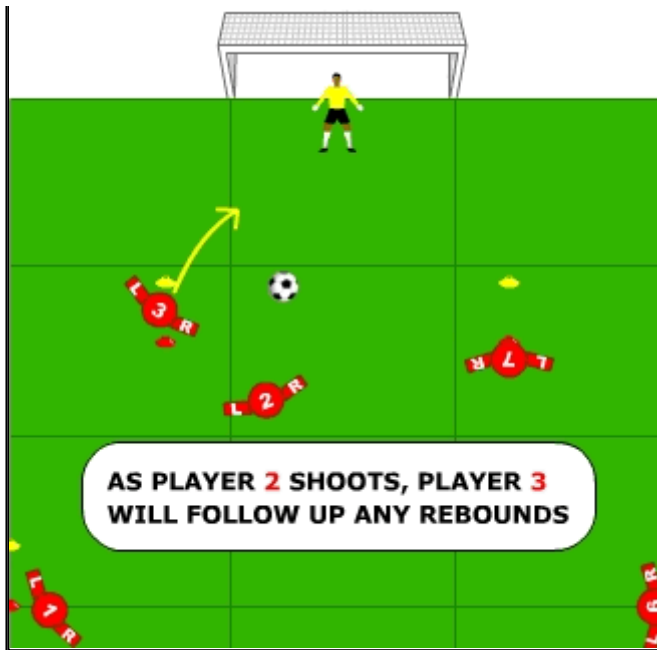
NOTES

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STEP 5

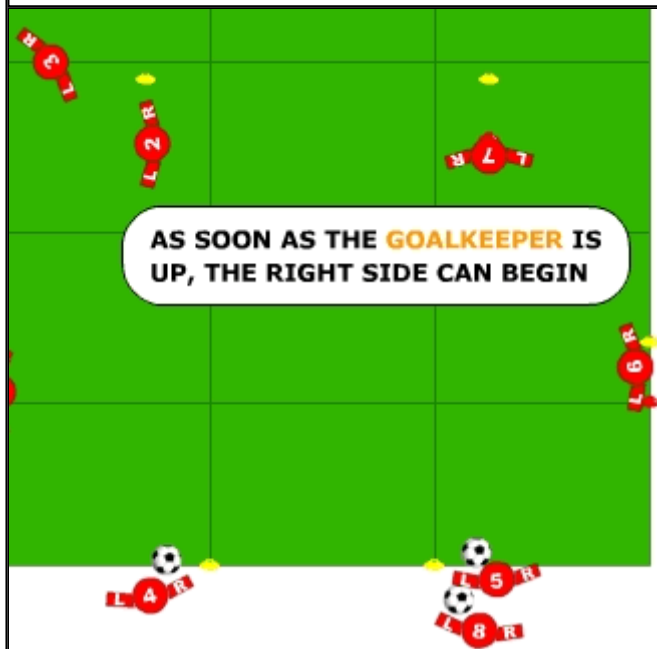
NOTES



AS PLAYER 2 SHOTS, PLAYER 3 WILL FOLLOW UP ANY REBOUNDS

STEP 6

NOTES



AS SOON AS THE GOALKEEPER IS UP, THE RIGHT SIDE CAN BEGIN